

## Media Release

**Date:** 10 April 2020

### **Covid-19 – new symptoms for testing announced this bank holiday weekend**

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The Director of Public Health, Dr Nicola Brink, has directed that additional symptoms should be added to the list for Bailiwick of Guernsey residents to be aware of.

The full list, including new symptoms, as of today April, 10<sup>th</sup> are as follows:

- Muscle ache (fatigue, exhaustion)\*
- Headache (sinus pain, pain around eyes)\*
- Loss of smell/taste\*
- Sore throat\*
- Fever (high temperature, rigors, chills, can't get warm.)
- Shortness of breath, chest tightness
- Continuous new cough

\*new to symptoms added as of Friday 10<sup>th</sup> April 2020

These additional symptoms have been added as a result of continued assessment of diagnostic information available on Covid-19 from cases studied locally and from research further afield.

Dr Brink explained

“It is very important we share this latest information with our communities so that we catch as many potential cases of Covid-19 at the earliest opportunity. This will help us to identify community seeding of the virus, find and quarantine cases and provide them with the appropriate care and support. We can then contact trace to reduce onward transmission of the virus. If you, or household member are showing signs of any, or a combination of these symptoms, please contact the Coronavirus Helpline or your GP to seek further advice. “

JESCC, Primary and Secondary Care are aware of the changes and are now working to to the updated criteria.

**Ends**

## **Notes to Media**

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**Issued by:** Emma Savident

**E-mail:** [emma.savident@gov.gg](mailto:emma.savident@gov.gg)