



Media Release

embargo until time/date

Date: 25 February 2020

Public Health Services releases further information on self-isolation

As the situation regarding the SARS-CoV-2 virus evolves, Public Health Services (PHS) have update the self-isolation advice for travellers returning to the Island. Self-Isolation is the act of separating yourself from physical contact with the rest of the community for a specified period of time.

PHS have divided the countries for which self-isolation is required into **Group A** and **Group B** countries.

For Group A countries, PHS are asking people to self-isolate for 14 days **IRRESPECTIVE OF WHETHER THEY HAVE SYMPTOMS OR NOT** for 14 days after returning from these countries.

For Group B countries, PHS are asking people to self-isolate **ONLY IF THEY HAVE SYMPTOMS (fever or cough or shortness of breath)**, even if these are mild, and these symptoms occur within 14 days of returning from a Group B country.

Group A: Self -Isolation for all returning travellers irrespective of whether they have symptoms or not:

PHS are recommending that any individual should self-isolate, irrespective of symptoms if they have returned from the following areas in the last 14 days:

- **Mainland China (excluding Hong Kong and Macau)**
- **Iran**
- **South Korea**
- **Specific lockdown areas designated by the government of Italy**

If you experience symptoms (fever, cough or shortness of breath, no matter how mild) and have returned from the above countries in the last 14 days, then contact Public Health

Services on 01481-725241, or, if you are feeling very unwell, phone 999 telling the operator of your symptoms and travel history.

Group B: Travellers from other specified countries who have symptoms, even if these are mild:

PHS have updated the guidance as of the 25th February 2020, taking into account the evolving situation globally.

PHS has issued this additional advice for returning travellers from the following countries:

- Thailand,
- Japan,
- Hong Kong,
- Taiwan,
- Singapore,
- Malaysia or
- Macau
- Northern Italy (defined by a line above, and not including, Pisa, Florence and Rimini),
- Vietnam
- Cambodia
- Laos
- Myanmar
- Indonesia

If you experience symptoms (fever, cough or shortness of breath, no matter how mild) and have returned from the above countries in the last 14 days, then stay indoors and contact Public Health Services on 01481-725241, or, if you are feeling very unwell, phone 999 telling the operator of your symptoms and travel history.

Dr Brink, Director of Public Health comments:

‘This is for the good of the community, so that we can stop the possible spread of the disease COVID-19 which is caused by the novel coronavirus SARS-Cov-2. We appreciate your help and support in trying to minimise the spread of any infection in the Bailiwick. ‘

Further information on self-isolation can be found on www.gov.gg/coronavirus

Ends

Notes to Media

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