

CORONAVIRUS (COVID-19)

Strict new rules on staying at home and away from others come into force from Wednesday 25 March 2020

The single most important action we can all take, in fighting coronavirus, is to **stay at home** in order to protect the Island, our medical infrastructure and save lives.

When we reduce our day-to-day contact with other people, we will reduce the spread of the infection. That is why the States of Guernsey is now (25 March 2020) introducing **three new measures:**

1. Requiring people to stay at home, except for very limited purposes
2. Closing non-essential shops and community spaces
3. Stopping all gatherings of more than two people in public

Every Islander must comply with these new measures. The relevant authorities, including the police, will be given the powers to enforce them – including through fines and dispersing gatherings.

These measures are effective from Wednesday 25 March 2020. The States of Guernsey will look again at these measures in 14 days, and relax them if the evidence shows this is possible.



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The most important message is that you must stay at home

You should only leave the house for one of four reasons:

Shopping for basic necessities

for example food and medicine, which must be as infrequent as possible.

One form of exercise a day

limited to only a run, walk, or cycle for two hours a day - alone or with members of your household. People will be able to tend livestock and animals such as horses.

Any medical need

if instructed to do so by a healthcare worker or required to do so having called 999, or to provide care or to help a vulnerable person.

Travelling to and from work for critical workers only

For a list of those qualifying as critical workers, go to: gov.gg/covid19guidance for Guidance for critical businesses and workers following strict new measures on staying at home.

These four reasons are exceptions - even when doing these activities, you should be minimising time spent outside of the home and ensuring you are 2 metres apart from anyone outside of your household.

These measures must be followed by everyone. Separate advice is available for individuals or households who are isolating, and for the most vulnerable who need to be shielded.