

# Exit from Lockdown

## Bailiwick of Guernsey Framework

Issue 4  
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2020

This framework is a transitional plan for the gradual easing of restrictions in the Bailiwick of Guernsey, which are in place in response to COVID-19.

This framework is for the Bailiwick of Guernsey. For Alderney and Sark tailored measures specific to those jurisdictions may be added.

Central to this framework is the need to protect the health of the Bailiwick from the virus that causes COVID-19. In addition, detailed consideration has been given to the economic position of the Islands. The framework reflects the need to balance the risks posed by COVID-19 with the broader health and wellbeing of islanders.

The full framework document can be found at <https://covid19.gov.gg/guidance/exit>

It is important to note that the framework doesn't discuss education in any detail, nor the wider delivery of public services. Both of these issues are being mapped out in detail and will be added as soon as possible.

There is no right or wrong way to exit from lockdown. No one has had to do this before, and there is no roadmap to follow and we don't have a definitive timescale. Whatever decisions we make are based on public health evidence and the following core objectives that support our response to this pandemic:

- 1 Protect and preserve life
- 2 Mitigate and minimise the impact of Covid-19 on the community
- 3 Minimise the economic, social and environmental impacts
- 4 Promote the restoration to normality as soon as possible

We will learn from new public health evidence to make decisions along the way and will keep you informed on this journey. Some of the later phases of the suggested transition have less detail about what we can expect, but will be further developed over time. This document will be refreshed as events unfold and populated with more information as it becomes available.

Thank you to all of you for staying at home and going above and beyond to support each other in the community. Please continue to work with us as we transition out of lockdown. #GuernseyTogether



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## What does this mean for me?

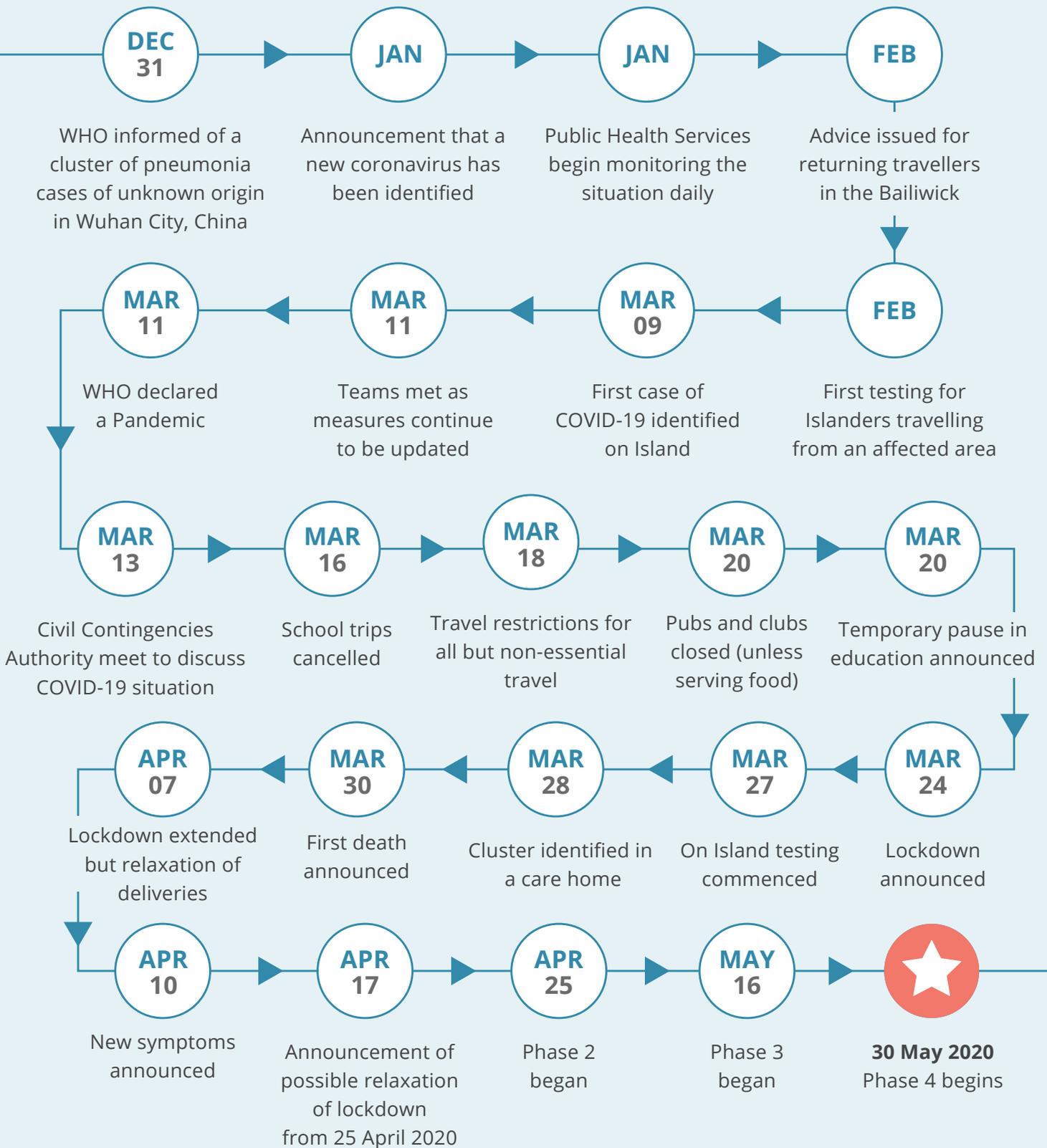
### Section 6



COVID-19

# How we got here

The global situation regarding COVID-19 has evolved rapidly. Here is a recap on what has happened so far.





COVID-19

# What lockdown meant

The Bailiwick went into lockdown on the 25 March 2020. The word 'lockdown' is not a single intervention but has different meanings for different countries. For the Bailiwick lockdown has meant:



Requiring people to **stay at home**, except for very limited purposes



**Closing non-essential** shops and community spaces



**Stopping all gatherings** of more than two people in public



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to follow the guidance and stay at home as much as possible.

Taking the decision to lockdown was not one that was taken lightly. The decision was made in full knowledge of the impact this decision would have.



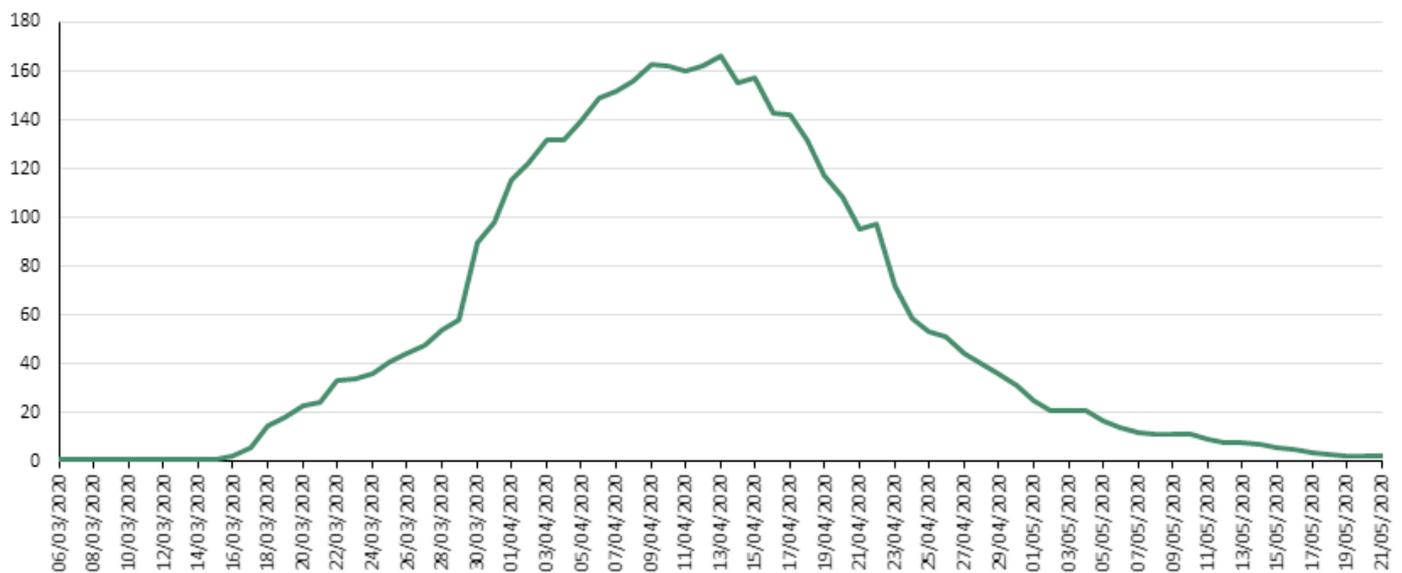
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# How well has lockdown worked?

Due to the fantastic community effort, the Bailiwick has successfully flattened the curve over the last 4 weeks and the number of active cases in the Bailiwick is now declining.

Whilst this is extremely positive news, it is possible that an easing of lockdown restrictions may result in an increase in positive cases. If so, on the advice of the Director of Public Health, a return to an earlier phase of lockdown may be required.

## Active cases over time



## Case grouping (%)



Data in graphs correct as of 1st May 2020. For updated information please go to [gov.gg/coronavirus](https://gov.gg/coronavirus)

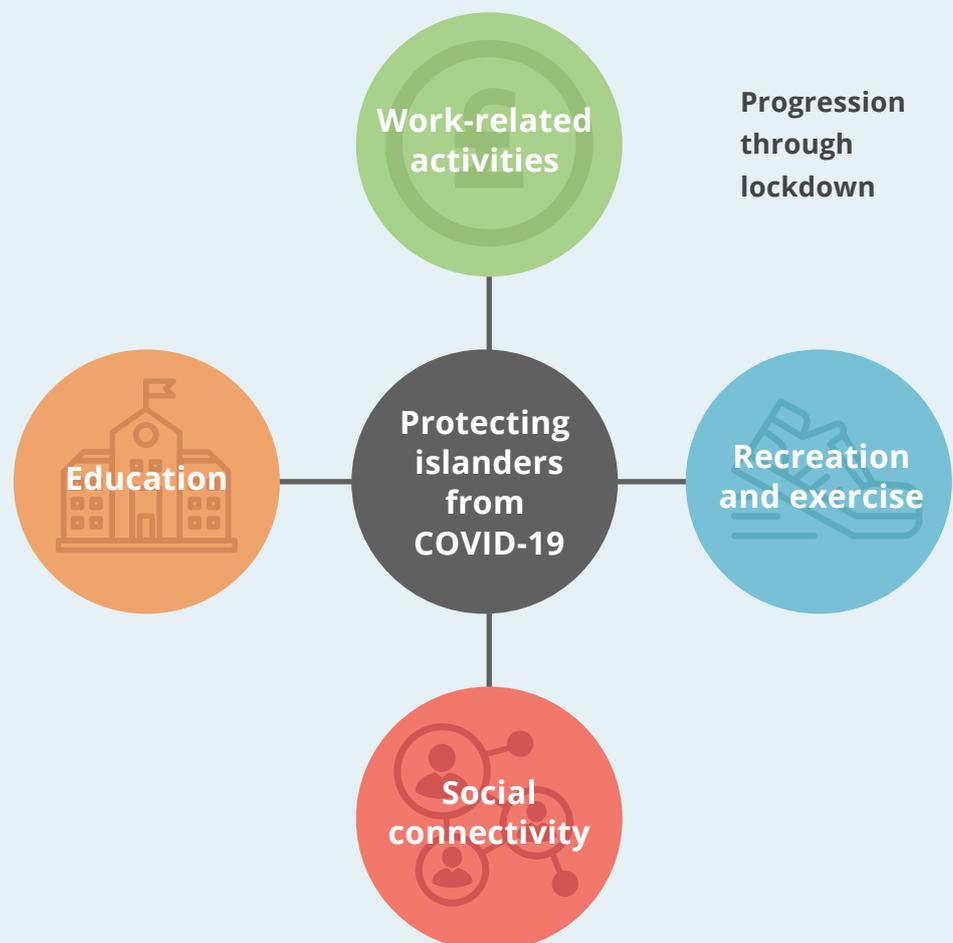


The current policy of testing, contact tracing and quarantine has enabled us to now make decisions to relax some elements of lockdown. Only 13% of cases identified have been from an unknown community source.

Any changes that have been made to the current lockdown restrictions are based on an assessment of risk and the two routes of infection – direct (coughs and sneezes) and environmental (picking up the virus remaining on various surfaces). Nothing is risk free but the changes mitigate the risk as much as possible.

## Consideration of relaxing some elements of lockdown.

There are four key components for lockdown release which put the need to protect Islanders from the threat of COVID-19 at the centre of our consideration.





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# Exiting lockdown safely

When considering a change to lockdown arrangements, we have had to consider the following issues.

There is a need to balance the infectious risk of the virus that causes COVID-19 with the wider effects on the health and wellbeing of the community.

So, as the length of the lockdown increases, there may be unsustainable wider health and wellbeing, economic and social and political issues that need to be considered.

However, of paramount importance is to not lose the gains achieved by the implementation of lockdown.



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to work together and stay at home as much as possible.

We need you, the community, to work with us and work from home wherever possible.

## Easing of measures

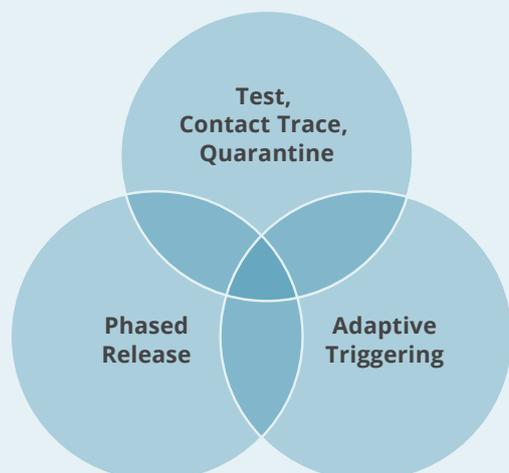
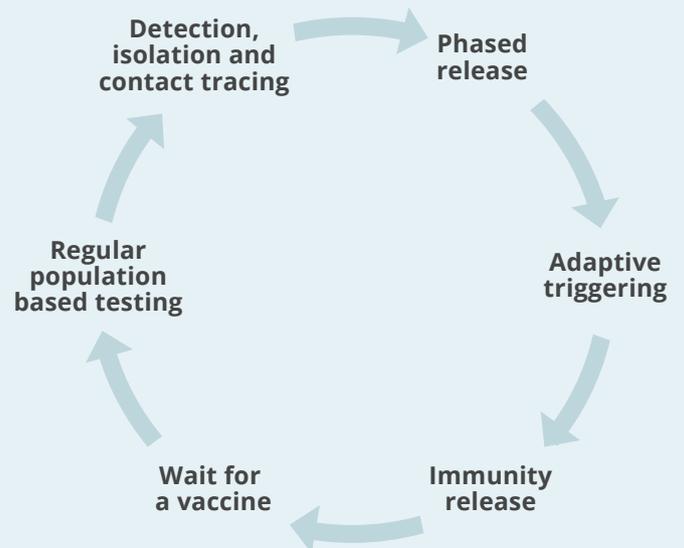
- How lone working can be supported
- How businesses who can maintain strict social distancing can be supported to open under robust and enforceable guidelines
- How this can be enforced for the good of the wider community
- The need to protect high risk groups
- How to engage with the community so this is a community initiative to promote a #GuernseyTogether approach

There are a number of options to transition out of the current lockdown arrangement.

**Adaptive triggering** is an agreed set of triggers that, in combination, could result in further easing of restrictions or back to full lockdown e.g. stable or reducing cases of COVID-19, compliance with social distancing and hygiene measures, hospital capacity.

**Population based testing** is weekly testing to identify and capture current and emerging infections.

**Antibody tests** can identify those who have had COVID-19 and are, therefore, potentially immune.



## Bailiwick transition from Lockdown

On the recommendation of the Director of Public Health, the Bailiwick has chosen to use a phased release, along with test, contact trace and quarantine whilst monitoring an agreed set of adaptive triggers.

This may be augmented by broader population-based testing at a later stage.



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# Phased easing of measures

## Full Lockdown

24 March to 7 April

Restriction on all social, cultural and group recreational activities except individual exercise with strict social distancing measures.

## Phase 1

8 April to 24 April

As above - with restrictions on all but essential business activities, except retail home delivery.

## Phase 2

25 April - 15 May

Full Lockdown with some gardening, building and other trades now able to work under strict controls. Some limited recreational activity with social distancing measures.

## Phase 3

16 May - 29 May

This phase represents a progression towards greater social and economic activity within the Bailiwick with appropriate restrictions still in place to manage the ongoing risk.

## Phase 4

To commence 30 May

Further progression towards a more normal level of activity within Guernsey. Further parts of the local economy, including retail and hospitality, hairdressers and beauticians, will be able to function although restrictions on work practices, gatherings and social distancing will remain in place.

## Phase 5

A return to a normal level of activity within the Bailiwick (with restrictions remaining in place for travel outside of the Bailiwick) with the final elements of the local economy, including bars and nightclubs, able to function. Travel between Islands in the Bailiwick will be discussed and agreed on between Islands.

## Phase 6

The Bailiwick's return to the Global community. Detailed consideration of what this might look like will be available in due course.

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.

 <p>Stay at home – except for limited circumstance</p>	 <p>Continue to work from home if possible</p>	 <p>Some gardening, building &amp; trades now able to work under strict controls</p>	 <p>Over 65s should be aware of risks associated with activities</p>
 <p>Restricted movement of community</p>	 <p>All non-essential businesses closed or operating remotely</p>	 <p>Limited recreational activity with social distancing measures</p>	 <p>Limited outdoor activities allowed for max of 2 people (subject to social distancing)</p>
 <p>Boating and other waterborne activities permitted</p>	 <p>Flying light aircraft for maintenance and servicing allowed (with restrictions)</p>	 <p>Limited expansion of the household bubble</p>	 <p>Higher risk groups who are shielding should stay at home</p>

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

## ← What may push us back?

- ✗ More than 10 cases of unexplained community transmission
- ✗ The identification of new clusters which pose a significant risk of onward transmission
- ✗ Community non-compliance with Public Health messages to reduce the risk of COVID-19
- ✗ On-island testing no longer available  
Hospital transmissions increasing

## What will move us to Phase 3 →

For a consecutive 4 week rolling period from 25 April 2020:

- ✓ Stable or reducing numbers of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that post a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

## ← What may push us back?

- ✗ A sustained increase in cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection which pose a risk of onward transmission in the Bailiwick.
- ✗ Evidence of significant community non-compliance with Public Health requirements, including maintaining social distancing and hygiene measures.
- ✗ A sustained increase in new hospital admissions for COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

## What will move us to Phase 4 →

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that post a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ Good community compliance
- ✓ The continued availability of local testing for COVID-19

# Phase 4

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time. Phase 4 enables the following activities to take place subject to social distancing where possible and cleaning and hand hygiene requirements

 Working from home is still encouraged	 Those businesses who couldn't operate fully in phase 2 or 3 can open	 All retail businesses can open
 Restaurants, hotels, cafes and pubs can open	 Sports and leisure facilities can open	 Outdoor children's play areas can open
 Non-essential travel may be permitted subject to 14 day self-isolation on return	 Museums and libraries can open	 Public venues can open
 Weddings and funerals may be held with up to 50 people	 Social gatherings are allowed with up to 30 people	 Nightclubs stay closed

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

## ← What may push us back

- ✗ Reappearance of a case/s of unexplained community transmission.
- ✗ The reappearance of new clusters of infection that pose a risk of onward transmission.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

## What will move us to phase 5 →

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ The continued availability of local testing for COVID-19

# Phase 5

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



This phase should see a return to a normal level of business activity



Wider availability of all recreational activities – including contact team sports



Indoor play areas may open



Further expansion of business with bars and nightclubs able to function



Social connectivity - Islanders will now live in a Bailiwick bubble



Travel restrictions will remain in place – anyone returning to the Bailiwick will need to self-isolate for 14 days

## ← What may push us back?

- ✗ Reappearance of cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ Hospital admissions for new cases of COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.
- ✗ Other indicators becoming apparent to Public Health Services indicating sub-optimal containment of the virus that causes COVID-19.

## What will move us to Phase 6 →

- ✓ No cases of COVID-19 acquired through unexplained community transmission in the previous 4 weeks.
- ✓ No new clusters of infections.
- ✓ No new hospital admissions for COVID-19 in the last month.
- ✓ The continued availability of local testing for the virus that causes COVID-19.

# Phase 6

Detailed consideration will be given to Phase 6 - the Bailiwick's return to global community - in due course.

We will be monitoring where other jurisdictions are in terms of managing COVID-19 on an ongoing basis, including our near neighbours. Any decisions to increase the Bailiwick interconnectedness will be taken on the basis of being able to confidently manage our borders and to put in place measures that help to ensure the safe movement of Islanders, whilst mitigating against the potential risk of re-introducing COVID-19 to our community.

We know that individuals and families want to be able to see relatives and friends off-island. We also understand the business need, and we are actively talking with business bodies, who have been very constructive in setting out both the economic importance of travel but also potential ideas to support safe entry and exit at the borders.





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# What does Phase 4 mean for me?

Full details on what **Phase 4** means for individuals will be published on the week commencing 25 May 2020

The move to Phase 4 means that the concept of household bubbles will change. We will be moving to larger environmental bubbles/groups with schools returning and businesses reopening.

We are asking the community to use their judgement when expanding the groups of people they interact with. Households should, of course, maintain the closeness of the households they chose to bubble with in Phase 3, but they should consider social distancing as well as hand washing and other public health measures as they expand their contacts in Phase 4.



Businesses who are now able to open in Phase 4 are not required to notify Environmental Health of their intention to do so. However, compliance spot checks will take place to ensure businesses are complying with social distancing and other cleaning and hygiene requirements.

Islanders may wish to consider keeping a diary of their contacts as we move into Phase 4. This will help with contact tracing in the event that more positive cases of COVID-19 are identified.

