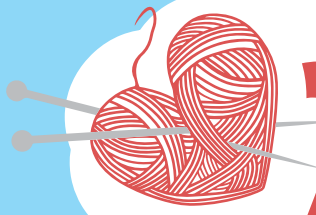


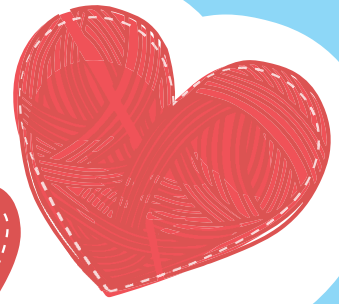
11-17 May 2020 Awareness Week, presents

Let's talk about it

Dying Matters
Guernsey



The Shared Hearts Project



We are looking for volunteers to help us with a heartwarming idea **#sharedhearts**

Dying Matters awareness week takes place every year in May, the aim of it is to help people talk more openly about dying.

Saying goodbye to someone who is dying is difficult. We cannot always be with our loved ones in their final moments. In these uncertain times as we do all we can together to keep our community safe, this may occur more often.

It takes a community to care for people and we need your help to do something that may help a little.

We understand this is heart breaking. Losing these precious moments for people to say "I love you" or "Thank you" or a final "goodbye" when someone is dying can feel that this time has been stolen from them.

We are asking for volunteers to make pairs of Knitted hearts which will be distributed to health and care staff across the Bailiwick. When a person is identified as approaching the end of their life, nurses and carers can give them a heart to have with them. Their family member or significant person is also offered the matching heart.

Guernsey Together

You have been so amazing in coming together at a time of crisis. We hope you will recognise the need to support anyone going through a loss with a show of love in a different way.

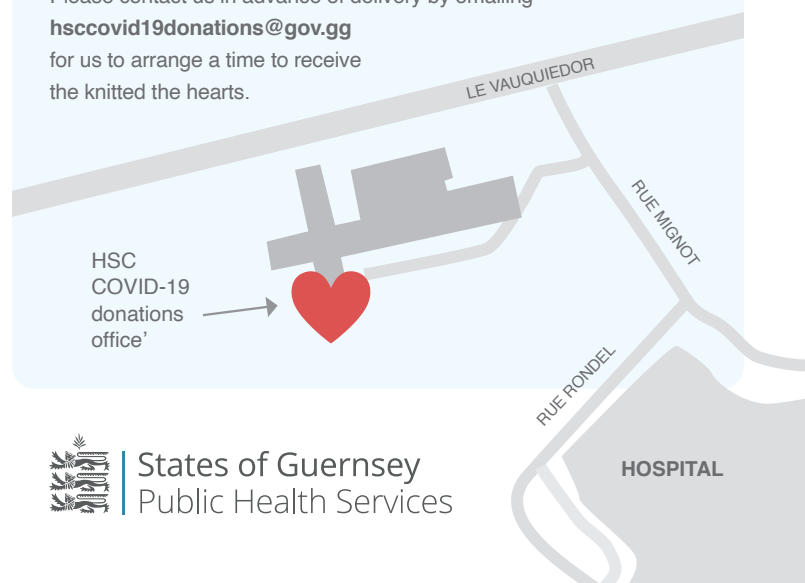
If the person sadly dies in our care without family present, we will return the knitted heart they had with them in their last moments to their loved one to reunite the Shared Hearts. A personalised note from someone who was caring for them will be included.

Once made the hearts can be dropped off at the COVID-19 donations office at le Vauquiedor office on the ground of the PEH. We ask that the hearts are in a sealed bag i.e. a freezer/sandwich bag marked with your name and date of delivery as Public Health have recommended we store them for 2 weeks before they are circulated.

How to Deliver Your Knitted Hearts

Hearts can be delivered to the **HSC Covid-19 Donations Office** by prior arrangement.

Please contact us in advance of delivery by emailing **hscovid19donations@gov.gg** for us to arrange a time to receive the knitted the hearts.



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States of Guernsey
Public Health Services