

Exit from Lockdown

Bailiwick of Guernsey Framework

Issue 6
19th June
2020

This framework is a transitional plan for the gradual easing of restrictions in the Bailiwick of Guernsey, which are in place in response to COVID-19.

This framework is for the Bailiwick of Guernsey. For Alderney and Sark tailored measures specific to those jurisdictions may be added.

Central to this framework is the need to protect the health of the Bailiwick from the virus that causes COVID-19. In addition, detailed consideration has been given to the economic position of the Islands. The framework reflects the need to balance the risks posed by COVID-19 with the broader health and wellbeing of islanders.

The full framework document can be found at <https://covid19.gov.gg/guidance/exit>

There is no right or wrong way to exit from lockdown. No one has had to do this before, and there is no roadmap to follow and we don't have a definitive timescale. Whatever decisions we make are based on public health evidence and the following core objectives that support our response to this pandemic:

- 1 Protect and preserve life
- 2 Mitigate and minimise the impact of Covid-19 on the community
- 3 Minimise the economic, social and environmental impacts
- 4 Promote the restoration to normality as soon as possible

Thank you to all of you for going above and beyond to support each other in the community. It is thanks to this that we have reached the position of being able to look towards entering Phase 5. Please continue to work with us. #GuernseyTogether



How we got here

Section 1



What lockdown meant

Section 2



How well has lockdown worked?

Section 3



Phased easing of measures

Section 4



What does this mean for me?

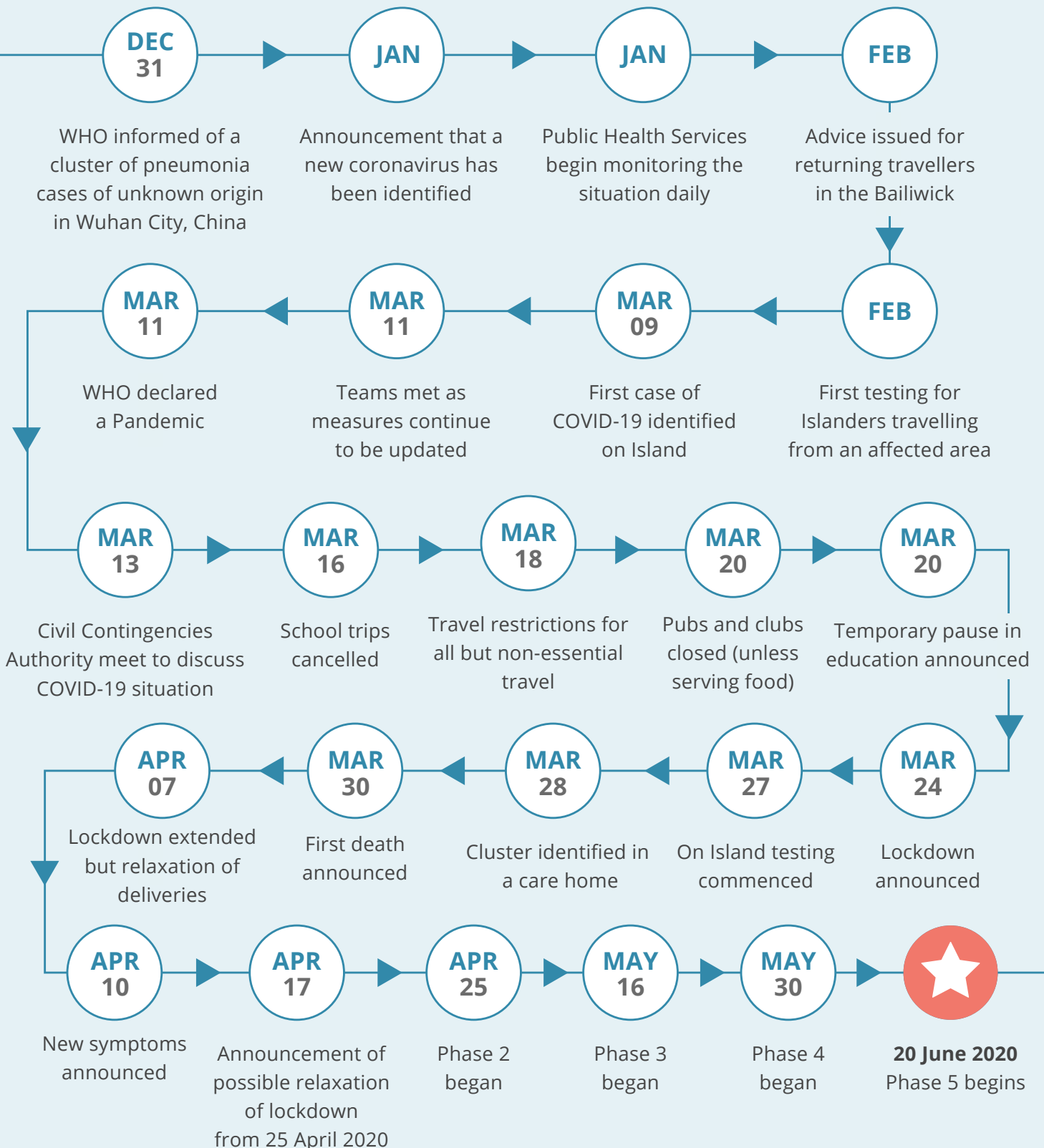
Section 5



COVID-19

How we got here

The global situation regarding COVID-19 has evolved rapidly. Here is a recap on what has happened so far.





COVID-19

What lockdown meant

The Bailiwick went into lockdown on the 25 March 2020. The word 'lockdown' is not a single intervention but has different meanings for different countries. For the Bailiwick lockdown has meant:



Requiring people to **stay at home**, except for very limited purposes



Closing non-essential shops and community spaces



Stopping all gatherings of more than two people in public



It is important that as a community we continue to practice the positive habits that we've developed as a community over recent weeks. From washing out hands, observing the "catch it, kill it, bin it" message and staying at home when we are unwell, we can work together to protect the progress that we've made to date.



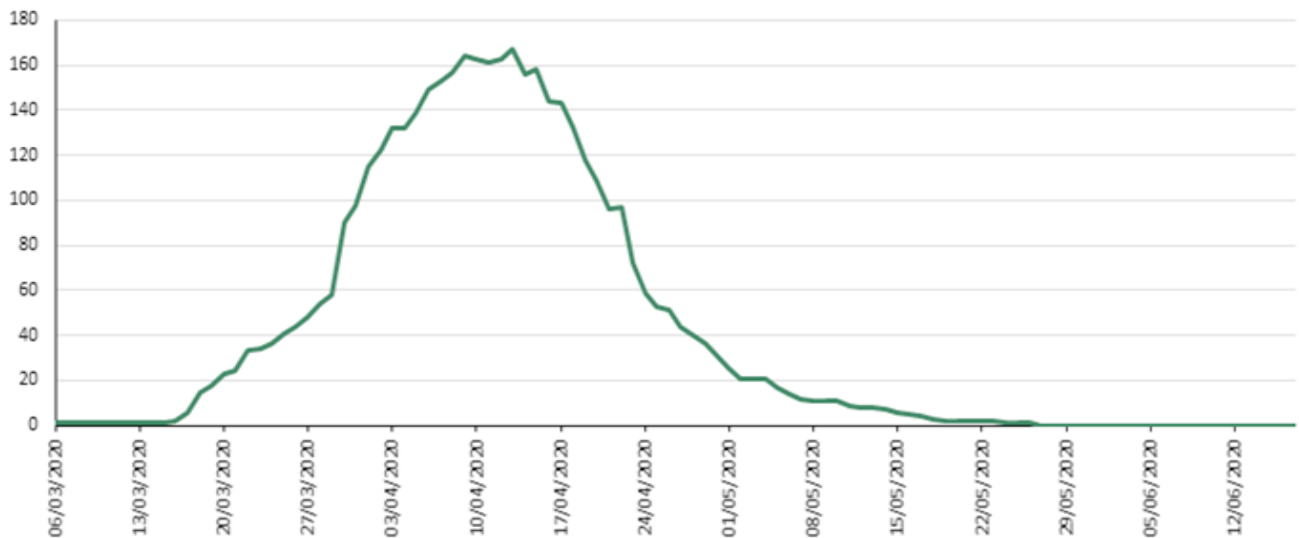
COVID-19

How well has lockdown worked?

Due to the fantastic community effort, the Bailiwick has successfully flattened the curve over the last 4 weeks and the number of active cases in the Bailiwick is now declining.

Whilst this is extremely positive news, it is possible that an easing of lockdown restrictions may result in an increase in positive cases. If so, on the advice of the Director of Public Health, a return to an earlier phase of lockdown may be required.

Active cases over time



Case grouping (%)



For the most up-to-date information please go to gov.gg/coronavirus



The current policy of testing, contact tracing and quarantine has enabled us to make a decision to relax lockdown requirements - with the exception of travel restrictions - with effect from 20th June 2020.

This change is being made based on an assessment of risk. While nothing is risk free, public health evidence shows this is the right time to make this change.

This change is being made based on an assessment of risk. While nothing is risk free, public health evidence shows this is the right time to make this change.

So, as the length of the lockdown increases, there may be unsustainable wider health and wellbeing, economic, and social and political issues that need to be considered. However, of paramount importance is to not lose the gains achieved by the implementation of lockdown. By retaining travel restrictions at this time, we are able to move to Phase 5 as a "Bailiwick Bubble".





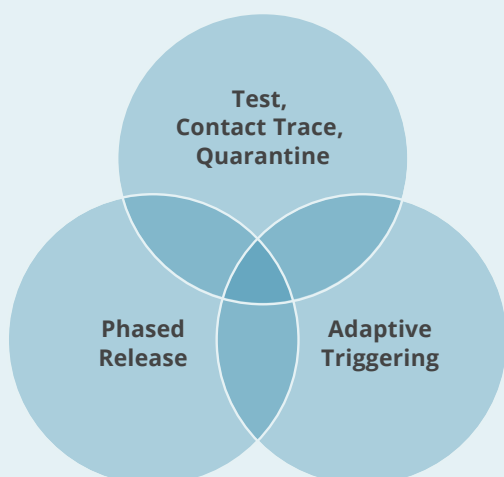
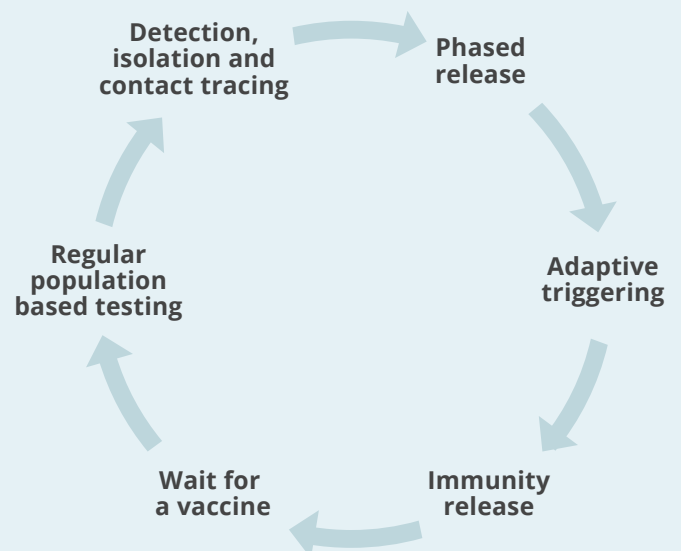
We have been gradually easing restrictions based on the latest public health evidence and feedback from the community. It has throughout been a community initiative to promote a #GuernseyTogether focus.

There are a number of options to transition out of the current lockdown arrangement.

Adaptive triggering is an agreed set of triggers that, in combination, could result in further easing of restrictions or back to full lockdown e.g. stable or reducing cases of COVID-19, compliance with social distancing and hygiene measures, hospital capacity.

Population based testing is weekly testing to identify and capture current and emerging infections.

Antibody tests can identify those who have had COVID-19 and are, therefore, potentially immune.



Bailiwick transition from Lockdown

On the recommendation of the Director of Public Health, the Bailiwick has chosen to use a phased release, along with test, contact trace and quarantine whilst monitoring an agreed set of adaptive triggers.

This may be augmented by broader population-based testing at a later stage.



COVID-19

Phased easing of measures

Full Lockdown

24 March to 7 April

Restriction on all social, cultural and group recreational activities except individual exercise with strict social distancing measures.

Phase 1

8 April to 24 April

As above - with restrictions on all but essential business activities, except retail home delivery.

Phase 2

25 April - 15 May

Full Lockdown with some gardening, building and other trades now able to work under strict controls. Some limited recreational activity with social distancing measures.

Phase 3

16 May - 29 May

This phase represents a progression towards greater social and economic activity within the Bailiwick with appropriate restrictions still in place to manage the ongoing risk.

Phase 4

30 May - 19 June

Further progression towards a more normal level of activity within Guernsey. Further parts of the local economy, including retail and hospitality, hairdressers and beauticians, will be able to function although restrictions on work practices, gatherings and social distancing will remain in place. Travel permitted within the Bailiwick.

Phase 5













To commence 20 June

A return to a normal level of activity within the Bailiwick (with restrictions remaining in place for travel outside of the Bailiwick) with the final elements of the local economy, including bars and nightclubs, able to function.

Phase 6

The Bailiwick's return to the Global community. Detailed consideration of what this might look like will be available in due course.

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.

 <p>Stay at home – except for limited circumstance</p>	 <p>Continue to work from home if possible</p>	 <p>Some gardening, building & trades now able to work under strict controls</p>	 <p>Over 65s should be aware of risks associated with activities</p>
 <p>Restricted movement of community</p>	 <p>All non-essential businesses closed or operating remotely</p>	 <p>Limited recreational activity with social distancing measures</p>	 <p>Limited outdoor activities allowed for max of 2 people (subject to social distancing)</p>
 <p>Boating and other waterborne activities permitted</p>	 <p>Flying light aircraft for maintenance and servicing allowed (with restrictions)</p>	 <p>Limited expansion of the household bubble</p>	 <p>Higher risk groups who are shielding should stay at home</p>

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back?

- ✗ More than 10 cases of unexplained community transmission
- ✗ The identification of new clusters which pose a significant risk of onward transmission
- ✗ Community non-compliance with Public Health messages to reduce the risk of COVID-19
- ✗ On-island testing no longer available
Hospital transmissions increasing

What will move us to Phase 3 →

For a consecutive 4 week rolling period from 25 April 2020:

- ✓ Stable or reducing numbers of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that post a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



More non-essential businesses will be able to resume inc some non-essential retail on a pilot basis



Hotels, restaurants, bars will remain closed (except takeaways)



Takeaway food services may be able to open for delivery and collection subject to controls.



Recreation time will remain at 4 hours



Families can go to the beach for a swim or for other forms of exercise



Places of worship will open for individuals to pray by themselves



Other public venues (libraries/museums) will remain closed



Household bubbles can now double up again so the bubble now contains 4 households. All households must agree.



Gatherings of up to 10 people are allowed for weddings ceremonies and funerals services only

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back?













- ✗ A sustained increase in cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection which pose a risk of onward transmission in the Bailiwick.
- ✗ Evidence of significant community non-compliance with Public Health requirements, including maintaining social distancing and hygiene measures.
- ✗ A sustained increase in new hospital admissions for COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to Phase 4 →

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ Good community compliance
- ✓ The continued availability of local testing for COVID-19

Phase 4

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time. Phase 4 enables the following activities to take place subject to social distancing where possible and cleaning and hand hygiene requirements

 Working from home is still encouraged	 Those businesses who couldn't operate fully in phase 2 or 3 can open	 All retail businesses can open
 Restaurants, hotels, cafes and pubs can open	 Sports and leisure facilities can open	 Outdoor children's play areas can open
 Non-essential travel permitted subject to 14 day self-isolation on return	 Museums and libraries can open	 Public venues can open
 Weddings and funerals may be held with up to 50 people	 Social gatherings are allowed with up to 30 people	 Nightclubs stay closed

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back

- ✗ Reappearance of a case/s of unexplained community transmission.
- ✗ The reappearance of new clusters of infection that pose a risk of onward transmission.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to phase 5 →

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ The continued availability of local testing for COVID-19

Phase 5

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



This phase should see a return to a normal level of business activity



All recreation activities able to occur including contact team sports



Indoor play areas may open



Further expansion of business with bars and nightclubs able to function



Social connectivity - Islanders will now live in a Bailiwick bubble



Travel restrictions will remain in place - anyone returning to the Bailiwick will need to self-isolate for 14 days

← What may push us back?

- ✘ Reappearance of cases of unexplained community transmission.
- ✘ The reappearance of new clusters of infection.
- ✘ Evidence of significant community non-compliance with Public Health requirements.
- ✘ Hospital admissions for new cases of COVID-19.
- ✘ If on-island testing to detect the virus that causes COVID-19 was no longer available.
- ✘ Other indicators becoming apparent to Public Health Services indicating sub-optimal containment of the virus that causes COVID-19.

What will move us to Phase 6 →

- ✔ No cases of COVID-19 acquired through unexplained community transmission in the previous 4 weeks.
- ✔ No new clusters of infections.
- ✔ No new hospital admissions for COVID-19 in the last month.
- ✔ The continued availability of local testing for the virus that causes COVID-19.

Phase 6

Detailed consideration is being given to Phase 6 - the Bailiwick's return to global community.

We know that individuals and families want to be able to see relatives and friends off-island. We also understand the business need, and we have been actively talking with business bodies, who have been very constructive in setting out both the economic importance of travel but also potential ideas to support safe entry and exit at the borders. Reopening the borders will be a significant step and we will be publishing specific information on our planned approach and the factors that will influence our decision making.



Fundamentally, any decisions to increase the Bailiwick interconnectedness will be taken on the basis of being able to confidently manage our borders and to put in place measures that help to ensure the safe movement of islanders, whilst mitigating against the potential risk of re-introducing COVID-19 to our community. We will continue to monitor where other jurisdictions are in terms of managing COVID-19 on an on-going basis, including our near neighbours and are exploring the possibility of air bridges, effectively a travel corridor allowing free movement between the Bailiwick and other low-risk jurisdictions. We will also keep under review the current 14 day self-isolation



COVID-19

What does Phase 5 mean for me?

In Summary

- Border entry measures to minimise risk of importing COVID-19 cases remain in place.
- Schools and workplaces open, and must operate safely.
- No restrictions on personal movement but people are encouraged to maintain a record of where they have been.
- No restrictions on gatherings but organisers encouraged to maintain records to enable contact tracing.
- Stay home if you're sick, report flu-like symptoms.
- Wash and dry your hands, cough into your elbow, don't touch your face.
- No restrictions on workplaces or services but they are encouraged to maintain records to enable contact tracing.
- Social distancing replaced with 'respect a person's personal space'.
- Good cleaning standards should remain in place, particularly with regards to frequently touched surfaces, toilets and other shared areas.



Phase 5 should be considered a return to normal activity in the Bailiwick – the Bailiwick Bubble.

Social distancing and controlled and uncontrolled environments will no longer be required. However, we recommend that individuals still keep a diary of their activities to assist with contact tracing if this was ever needed.

Whilst strict measures for distancing are no longer required, the community is asked to 'respect my personal space' and maintain a distance where possible. This is in addition to good respiratory etiquette (catch it, bin it, kill it) and frequent hand washing for a minimum of 20 seconds.

These good hygiene measures are not only excellent in protecting the community from COVID-19, they will help prevent the spread of other infectious diseases such as Influenza, Norovirus etc.



Business and Work related activities

Phase 5 represents a return to a normal level of activity within the Bailiwick (with restrictions for travel outside of the Bailiwick remaining in place).

Businesses no longer have to keep records of customers, employees, contractors etc, but are advised to do so if possible to enable contact tracing. They should actively encourage respecting personal space, good respiratory etiquette and good hand hygiene and exclusion of anyone showing symptoms. They may also need to review their maximum capacity to ensure that staff and customers can maintain their personal space.



Recreation

The restrictions on public gatherings are removed and all sports – including contact team sports – are allowed to recommence in accordance with their national bodies guidance if relevant. If possible a record should be kept to assist contact tracing. All extra-curricular activities and clubs can recommence with no restrictions on the number of people attending, though they may have to follow guidance from their national associations. Indoor children's play areas can re-open.



Social connectivity and travel

Travel restrictions will remain in place requiring anyone entering the Bailiwick to self-isolate for a period of 14 days. However, non-essential travel, with the mandatory 14 days of self-isolation on return, is allowed. The impact of the compulsory 14 day self-isolation, together with the community 'track and trace' programme, in the UK on community transmission there will be closely monitored.

When travelling on an aeroplane into and out of the Bailiwick, passengers will need to wear a facemask to prevent the spread of the Coronavirus from any infected passengers. Passengers are asked to bring their own where possible, but for travellers unable to source one, a mask will be provided at the airport.

Full details regarding travel can be found here: covid19.gov.gg/guidance/travel
Anyone who is travelling to the Bailiwick – either as a critical worker, or for non-essential travel – must have the address of where they will be completing their 14 days self-isolation to hand on arrival. This will speed up the arrival procedure for all parties. Self-Isolation after travel is a legal requirement, and failure to comply is a criminal offence which carries a maximum fine of £10,000.

Travel from the airport should be in a private vehicle if possible. The mask should be left on until the person reaches their final destination. They must limit the time in the car to as little as possible. The traveller should sit in the back seat with the windows open. The driver should decontaminate all the surfaces, e.g seats, door handles etc. afterwards. As soon as the traveller reaches their final destination they MUST self-isolate

away from other members of the household, unless the household has chosen to fully isolate together.

When you leave the airport or harbour, you MUST go straight to your final destination. Please do not stop to shop for groceries etc. on the way.

Self-isolation is separating yourself from physical contact with the rest of the community (including those you live with where possible). For those arriving in the Island who may choose to self-isolate in a hotel or guest house, or in a multi-occupancy building this means staying in your own room and having your meals delivered.

If available, you should use a separate bathroom from the rest of the household.

You MUST remain in your home - except for getting medical care. Do not go to work, school, or public areas, and do not use public transport or taxis until you have been told that is safe to do so. You will need to ask for help if you require groceries, other shopping or medications.

Full details and guidance regarding self-isolation can be found here: covid19.gov.gg/support/protect



Private Planes

Additional controls over flights remain in place in Phase 5. Anyone wishing to use their private plane in the Bailiwick needs to advise Air Traffic Control 24 hours before their intention to fly. This control is to ensure that flights arriving and departing are appropriately recorded for self-isolation requirements.



Private Boats

In phase 5 boat owners are still required to remain in Bailiwick waters. Good hygiene and cleaning measures should continue. Herm, Sark and Alderney are all open to recreational boaters. Please read the guidance online regarding moorings and amenities available.

Please see covid19.gov.gg/guidance/travel for full details and the pleasure boats and general aviation guidance document.



Cleaning regimes in businesses/sports/etc

Enhanced cleaning regimes are not required in Phase 5 - although Public Health Services would still encourage good hygiene practices for office spaces, staff rooms, staff toilet facilities etc. see covid19.gov.gg/guidance/business/cleaning or refer to the specific advice you have received directly from Public Health Services.



Public transport

There is no need for social distancing on public transport. It is recommended that you respect personal space, try and avoid overcrowding and follow good respiratory etiquette and good hand hygiene.