

COVID-19 – Coronavirus

# What happens when I get my test result?



States of Guernsey  
Public Health Services



## If your result is negative

I have returned to Guernsey in the last 14 days **without** symptoms

What Category have you travelled from	When were you tested	Advice
Category 2	On Arrival	You are now in enhanced Passive Follow-up until the result of your Day 7 test. See overleaf for details on what this means.
	Day 7	You are now in Passive Follow-up until Day 14. If you develop any symptoms please call the helpline to book a test.
Category 3	On Arrival	Continue isolating until you receive the result of your Day 7 test. If you develop any symptoms please call the clinical helpline to book another test.
	Day 7	You are now in Enhanced Passive Follow-up until Day 14. See overleaf for details on what this means.
Category 4	On Arrival	Continue self-isolating until your 14 days are finished. If you develop any symptoms please call the clinical helpline to book a test.

I have returned to Guernsey in the last 14 days **with** symptoms

What Category have you travelled from	When were you tested	Advice
<b>Category 1 (air bridge)</b>	<b>During my visit</b>	If you develop any <u>new</u> symptoms please call the clinical helpline to book another test.
<b>Category 2</b>	<b>On Arrival</b>	You are still in Enhanced Passive Follow-up until the result of your day 7 test. If you develop any <u>new</u> symptoms please call the clinical helpline to book a test*
	<b>Day 7</b>	You remain in Passive Follow-up*
<b>Category 3</b>	<b>On Arrival</b>	Continue isolating until you receive the result of your Day 7 test. If you develop any <u>new</u> symptoms please call the clinical helpline to book a test.*
	<b>Day 7</b>	You are still in Enhanced Passive Follow-up.*
<b>Category 4</b>	<b>On Arrival</b>	Continue self-isolating until your 14 days are finished. If you develop any <u>new</u> symptoms please call the clinical helpline to book another test.

\*Testing negative when you have symptoms does not exempt you from completing your current stage of isolation

## I have **not travelled** in the last 14 days

<b>Circumstances</b>	<b>Advice</b>
<b>Symptoms</b>	It is advised that you stay at home until your symptoms have gone. If you just have a runny nose you may return to work or school. If you require any further medical advice please speak to your GP. If you develop any new symptoms please call the clinical helpline to book another test.
<b>Pre-operative test</b>	The Medical Specialist Group are responsible for contacting you regarding the result of your test.
<b>Compassionate and critical worker exemptions</b>	Follow the guidance as detailed on your exemption letter. If you have any questions about this please contact the team that provided you the variance in self-isolation.
<b>Contact of a case</b>	You must continue to self-isolate for the amount of time explained by the contact tracing team. If you have any questions about this please contact 707311 and ask to speak to a member of the Contact Tracing team. If you develop any new symptoms please call the clinical helpline to organise another test.

If your result is positive: A member of the Contact Tracing team will be in touch and explain the next steps.



## If your result is positive

A member of the Contact Tracing team will be in touch and explain the next steps.

### How to contact the COVID-19 Results Team

If you have been waiting longer than 48 hours for a result please contact us. If you are still unsure of what to do please contact us.

**Email: [testresults@gov.gg](mailto:testresults@gov.gg)**

When emailing please ensure you include your name, date of birth and contact number so we can get back to you.

**Phone: 01481 707311**

### How to contact the COVID-19 Clinical Helpline

**01481 756938 or 01481 756969**



## Enhanced passive follow-up

Enhanced passive follow-up means the person:

- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health by calling 01481 756938 or 01481 756969. and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation);

- cannot go to indoor venues such as restaurants (including those offering al fresco dining), clubs, cafes, pubs, gyms, swimming pools, theatres or cinemas;
- can only go to indoor shops for the purpose of buying essentials such as food or toiletries;
- must not attend any gathering of more than 10 people;
- if they attend any gatherings of fewer than 10 people, it should be in a room exclusively used by that group with controlled toilet facilities and a record should be kept of those attending for 14 days;
- cannot use public transport, unless it is a taxi with the appropriate mitigation in place to protect the driver;
- if they work in public facing roles (i.e. retail assistants, receptionists, teachers etc) cannot return to work while under enhanced passive follow-up. Other workers should inform their employer to ensure they carry out a risk assessment and put in place and necessary measures;
- children in enhanced passive follow-up cannot go to school;
- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health; and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation);
- must not enter a nursing, care or residential home without the prior agreement of the manager of the home, received after having informed the manager of the home of their status as being subject to these restrictions and should not return to work there unless they have an agreed method statement with Public Health;
- must not, other than in an emergency, enter the Princess Elizabeth Hospital, and in an emergency must give prior notification of their status as being subject to these restrictions before entering the Princess Elizabeth Hospital if reasonably practicable in all the circumstances and should not return to work there unless they have an agreed method statement with Public Health;
- must inform any other healthcare provider (for example, a doctor or dentist) of their status as being subject to these restrictions when making any appointment for care;

- must, so far as reasonably practicable, keep a record of people met and places visited (to assist with contact tracing if necessary); and
- must comply with any additional conditions and restrictions imposed from time to time by the Medical Officer of Health.

Anyone in enhanced passive follow-up is strongly advised to wear a facemask and practice social distancing when they are outside their home, including at work. They should also always observe good hand hygiene and respiratory etiquette.



## Passive follow-up

Passive follow up means a person:

- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health by calling 01481 756938 or 01481 756969. and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation);
- must not enter a nursing, care or residential home without the agreement of the manager of the home, received after having informed the manager of the home of his or her status as being subject to these restrictions and should not return to work there unless they have an agreed method statement with Public Health;
- must not enter the Princess Elizabeth Hospital unless it is an emergency, and in an emergency must give prior notification of the fact they are in passive follow up before entering the Princess Elizabeth Hospital. Do not return to work at the hospital unless they have an agreed method statement with Public Health;
- must inform any other healthcare provider (for example, a doctor or dentist you're your status as being in passive follow up;

- must, so far as reasonably practicable, keep a record of people met and places visited (to assist with contact tracing if necessary); and
- must comply with any additional conditions and restrictions imposed from time to time by the Medical Officer of Health.

A person may enter the Princess Elizabeth Hospital to visit a patient who is seriously ill if the management of the hospital agrees and if a method statement has been agreed with Public Health.

In terms of school attendance, any student who has received a negative COVID-19 test result from their day 7 test and moved into the seven-day passive follow-up phase is able to attend school.



## General School Advice

If a child who has not travelled in the past 14 days receives a negative result they can return to school once their symptoms have gone. This excludes a runny nose only when the child can return to school immediately. Any other people in the household can return to school or work if they have also been staying at home, provided they have no symptoms. Please speak to the school for clarification if you have further questions.