

COVID-19 – Coronavirus

Welcome to the Bailiwick of Guernsey

Due to the ongoing COVID-19 pandemic please ensure you, and those travelling with you, read and follow this guidance. Measures are in place to protect the health and wellbeing of the Guernsey community, however, they may mean it takes more time to make your way through arrivals. Thank you for your cooperation and patience.

Please keep your mask on at all times until you reach your final destination in the Bailiwick.



**This guidance is for people who are arriving in the Bailiwick of Guernsey.
Please read this guidance carefully.**



Before you arrive in the Bailiwick

Before you arrive in the Bailiwick (whether by scheduled, private owned or chartered vessels or aircraft) you will need to create a Travel Tracker account and register your journey, providing your travel plans and recent travel history. A journey cannot be registered until 2 calendar days before you are due to arrive in the Bailiwick.

If you are unable to register your journey before you arrive in Guernsey, there are kiosks available at the airport and harbour in Guernsey. Support staff will be available to help you.

Passengers travelling to Guernsey are required to declare their travel history as various restrictions have been imposed for travellers depending on where they have travelled from. Countries and regions are classified into 4 groups, Categories 1-4.

Testing and self-isolation requirements are different for each category. There are no self-isolation or testing requirements for passengers arriving from a Category 1 (air bridge) country or region.

If you are travelling on a scheduled boat or plane service, you will be provided with a form for you to sign prior to arrival confirming your understanding of any legal and self-isolation requirements associated with your travel and your consent for the States of Guernsey and its Committees (and the Chief Pleas of Sark and their Committees, if relevant) processing your data for the purposes of the Regulations and the protection of my health and safety and the health and safety of others resulting from the COVID-19 pandemic.

	Prevalence	Testing	Self-isolation
(Air Bridge) Category 1	Equivalent to the Bailiwick of Guernsey and no community seeding	No test required	None required
Category 2	Less than 30 per 100,000 for 7 consecutive days	Test on arrival (Day 1) and test on Day 7	Self-isolation until the results of the Day 1 test. If negative, enhanced passive follow-up until Day 7. If Day 7 test is negative, passive follow up.
Category 3	Between 30 to 100 per 100,000 for 7 consecutive days	Test on arrival (Day 1) and test on Day 7	Self-isolation until the results of the Day 7 test. If negative, enhanced passive follow-up until Day 14.
Category 4	More than 100 per 100,000 for 7 consecutive days	Test on arrival (Day 1)	Self-isolation for 14 days

If you are travelling on a private or chartered vessel you can download this form from gov.gg/coronavirus or a copy will be provided on arrival.

Failure to comply with any legal requirements regarding travelling to the Bailiwick, including where a person is reasonably suspected to have provided false or misleading information or documents in connection with those requirements, may result in you being detained until you comply with the requirements and any other screening requirements that the Medical Officer of Health may impose.

When travelling into and out of the Bailiwick you will need to wear a facemask to prevent the spread of COVID-19 from any infected passengers. Please DO NOT travel if you, or a member of your party, is feeling unwell.



Country and regional classifications – testing and self-isolation requirements

Full details of the countries and regions that are included in each category can be found here: <https://covid19.gov.gg/guidance/travel/countries>

Category 1 Countries and Regions

Passengers arriving with a travel history that only includes Category 1 countries or regions are not required to undergo any testing or self-isolation.

Category 2 Countries and Regions

Passengers arriving with a travel history including Category 2 countries or regions will be tested on the day of their arrival. They are required to stay in self-isolation until they have been advised that they have tested negative from their day of arrival test. They are then subject to 'enhanced passive follow-up'. They must then undertake a test on day 7 at the Princess Elizabeth Hospital. If a negative result has been received for their day 7 test, they will be subject to 'passive follow-up' until day 14.

'Enhanced passive follow-up' and 'passive follow-up' is described in more detail below.

Category 3 Countries and Regions

Passengers arriving with a travel history including Category 3 countries or regions will be tested on the day of their arrival. Category 3 countries and regions can choose to have a test on arrival and on Day 7, with self-isolation until they have received a negative test result from the Day 7 test. They will then be subject to 'enhanced passive follow-up' until the 14th day after their arrival in Guernsey.

Category 4 Countries and Regions

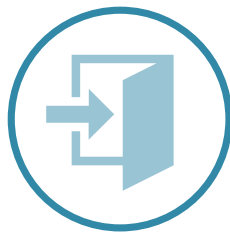
Passengers arriving with a travel history including Category 4 countries or regions will be tested on the day of their arrival – this is to assist with contact tracing if it is required at a future date. All passengers arriving from Category 4 countries or regions will be required to self-isolate for 14 days.

In all circumstances, children under 12 ARE NOT required to undertake a self-sample COVID-19 swab on arrival.

Before you exit the port area, you will be required to hand in a signed copy of a form acknowledging the self-isolation requirements. You will be provided with a receipt from the Guernsey Border Agency which will confirm when your self-isolation period ends.

Day 7 tests (for those with a travel history to Category 2 and 3 countries or regions)

Passengers who require a COVID-19 test on day 7 will be contacted by the Scheduling Team to make an appointment on day 7 following arrival. Children under 12 WILL BE required to have a test on day 7.



Once you have arrived in the Bailiwick

Please keep your mask on at all times until you reach your final destination in the Bailiwick. You only need to remove it when asked to take a supervised 'self-swab' test.

On arrival in Guernsey, unless you have travelled via a Category 1 country or region, or a business tunnel, or with a compassionate, medical or critical permit you will be offered a supervised 'self-swab' test undertaken at purpose-built testing facilities at the airport or harbour terminals. Films showing the procedure and the testing centres can be viewed on the travel section of [gov.gg/coronavirus](https://www.gov.gg/coronavirus).

Video screens in the testing facilities will show you how the swabs should be taken. There will also be written instructions in all testing booths. Support staff will be available to help anyone who is unclear on what they need to do.

If you are unable to self-sample, we can make a referral to the testing team for sampling. You will be given all of the information you need from staff at the port if this is required.

The test carried out on arrival must be handed in at the testing facility, there and then.

While travellers are not mandated to take any tests, anyone who chooses not to will need to observe a mandatory 14-day self-isolation period regardless of which country they have come from (with the exception of Category 1 country arrivals)



Leaving the port area

Please keep your mask on until you reach your final destination in the Bailiwick.

Please wash or sanitize your hands frequently, especially after coughing, sneezing, going to the toilet, before eating or if in high traffic environments, such as airports and harbours.

Maintain good respiratory hygiene – Cover your mouth and nose with a disposable tissue when coughing or sneezing and use the nearest waste receptacle to dispose of it after use, followed by hand washing or use alcohol gel.

If you need any assistance in obtaining essential supplies please ask a relative or friend to help. If there is no one suitable who can provide any assistance we have provided a list of companies that can arrange food and drink deliveries at <https://covid19.gov.gg/together/food-drink>.



Transport to self-isolation

Please ensure that you have transport organised to take you to your accommodation. This can be done by:



Hire Car

Please book it prior to your arrival and follow the company's instructions.



Taxi

Please book in advance, to ensure you don't queue, as there are a limited number of taxis, especially doing the harbour run. Please follow the drivers' instructions.



Friends/Family

You may ask a friend or relative to pick you up. If possible, this should be someone without any underlying health conditions, to reduce the risk of possibly infecting someone vulnerable. Please use the back seat only (unless both parties have agreed to self-isolate together) and travel with your mask on and windows open to ensure good air flow. The vehicle must be cleaned after use. You may require to organise more than 1 car if travelling in a group.



Bus

Please note that buses **cannot** be used as a means of transport to your self-isolation address.

We understand that you may have friends or relatives who wish to greet you on your arrival. However, as you are in self isolation, please ask them to do this from a distance, either waving to you from the airport viewing gallery or by the viewing platform or side of the harbour. There should be no physical contact, such as handshakes, hugs or kisses. No stops should be made until you reach your final destination, nor lifts given to others. This means that you cannot stop to go shopping or go to a restaurant.



Enhanced Passive Follow-Up

Enhanced passive follow-up means the person:

- cannot go to indoor venues such as restaurants (including those offering al fresco dining), clubs, cafes, pubs, gyms, swimming pools, theatres or cinemas
- can only go to indoor shops for the purpose of buying essentials such as food or toiletries
- must not attend any gathering of more than 10 people
- if they attend any gatherings of fewer than 10 people, it should be in a room exclusively used by that group with controlled toilet facilities and a record should be kept of those attending for 14 days
- cannot use public transport, unless it is a taxi with the appropriate mitigation in place to protect the driver
- if they work in public facing roles (i.e. retail assistants, receptionists, teachers etc) cannot return to work while under enhanced passive follow-up. Other workers should inform their employer to ensure they carry out a risk assessment and put in place any necessary measures
- Children in enhanced passive follow-up cannot go to school
- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health; and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation)
- must not enter a nursing, care or residential home without the prior agreement of the manager of the home, received after having informed the manager of the home of their status as being subject to these restrictions and should not return to work there unless they have an agreed method statement with Public Health

- must not, other than in an emergency, enter the Princess Elizabeth Hospital, and in an emergency must give prior notification of their status as being subject to these restrictions before entering the Princess Elizabeth Hospital if reasonably practicable in all the circumstances and should not return to work there unless they have an agreed method statement with Public Health
- must inform any other healthcare provider (for example, a doctor or dentist) of their status as being subject to these restrictions when making any appointment for care
- must, so far as reasonably practicable, keep a record of people met and places visited (to assist with contact tracing if necessary); and
- must comply with any additional conditions and restrictions imposed from time to time by the Medical Officer of Health.

Anyone in enhanced passive follow-up is strongly advised to wear a facemask and practice social distancing when they are outside their home, including at work. They should also always observe good hand hygiene and respiratory etiquette.



Passive Follow-up

Passive follow up means a person:

- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health; and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation);
- must not enter a nursing, care or residential home without the prior agreement of the manager of the home, received after having informed the manager of the home of their status as being subject to these restrictions and should not return to work there unless they have an agreed method statement with Public Health;

- must not, other than in an emergency, enter the Princess Elizabeth Hospital, and in an emergency must give prior notification of their status as being subject to these restrictions before entering the Princess Elizabeth Hospital if reasonably practicable in all the circumstances and should not return to work there unless they have an agreed method statement with Public Health;
- must inform any other healthcare provider (for example, a doctor or dentist) of their status as being subject to these restrictions when making any appointment for care;
- must, so far as reasonably practicable, keep a record of people met and places visited (to assist with contact tracing if necessary); and
- must comply with any additional conditions and restrictions imposed from time to time by the Medical Officer of Health.

A person may enter the Princess Elizabeth Hospital to visit a patient who is seriously ill if the management of the hospital agrees and if a method statement has been agreed with Public Health.

In terms of school attendance, any student who has received a negative COVID-19 test result from their day 7 test and moved into the seven-day passive follow-up phase is able to attend school.



What happens whilst I am in self-isolation?

Please ensure you have no friends or relatives coming to visit you whilst you are in self-isolation. This includes your home and garden.

Whilst you are in self-isolation, a friend or relative may need to do your shopping or provide your meals (especially if you are in shared accommodation). Alternatively, there are shops that are offering a delivery service. They should leave your shopping and or meals on the door step for you to collect.

Full self-isolation guidance can be accessed at covid19.gov.gg/support/protect.



What happens if I develop symptoms whilst in self-isolation?

Should you develop any of the following symptoms – however mild they may seem – please phone the coronavirus helpline on 01481 756938 or 01481 756969 immediately.

Coronavirus Symptoms

Fever, chills, new muscle ache for no apparent reason, new and severe fatigue, headache, sinus pain or pain around the eyes, loss of smell or taste or shortness of breath

Please keep a record of everyone you have been in contact with to help speed up contact tracing, should this be required.

For further information, please refer to gov.gg/coronavirus or email publichealth@gov.gg

Clinical Questions

01481 756938 or
01481 756969
publichealth@gov.gg

Monday to Friday
08:00-16:00 (email inbox
monitored between 09:00-
17:00 Monday to Friday)

Non-clinical Questions

01481 717118
covid19enquiries@gov.gg

Monday to Friday 09:00-17:00

