

COVID-19 – Coronavirus

Welcome to the Bailiwick of Guernsey

Measures are in place to protect the health and wellbeing of the Guernsey community; however, they may mean it takes more time to make your way through arrivals. Thank you for your cooperation and patience.

This guidance is for people who are arriving in the Bailiwick of Guernsey. Please read this guidance carefully.

Please keep your mask on at all times until you reach your final destination in the Bailiwick.





Before you arrive in the Bailiwick

Before your arrival in the Bailiwick you will need to create a Travel Tracker account and register your journey, providing your travel plans and recent travel history. A journey cannot be registered until two calendar days before you are due to arrive in the Bailiwick.

If you are unable to register your journey before you arrive in the Bailiwick, there are kiosks available at the airport and harbour. Support staff will be available to help you.

Passengers travelling to Guernsey are required to declare their travel history as various restrictions have been imposed for travellers depending on the countries and regions they have spent time in before arriving in the Bailiwick. Countries and regions are classified into Categories 1-4.

Testing and self-isolation requirements are different for each category. If you are travelling on a scheduled boat or plane service, you will be provided with a form for you to sign prior to arrival confirming your understanding of your legal (including self-isolation) obligations associated with your travel.

If you are travelling on a private or chartered vessel you can download this form from [covid19.gov.gg/guidance/travel/private](https://www.covid19.gov.gg/guidance/travel/private) or a copy will be provided on arrival.

If you do not comply with any legal obligations regarding travelling to the Bailiwick, including where you are reasonably suspected to have provided false or misleading information or documents in connection with those requirements, you may be detained until you comply with the requirements and be made subject to any other screening requirements that the Medical Officer of Health may decide to impose.

When travelling into and out of the Bailiwick you will need to wear a face covering to prevent the spread of COVID-19 from any infected passengers. Please DO NOT travel if you, or a member of your party, is feeling unwell.



Country and regional classifications – testing and self-isolation requirements

Full details of the countries and regions that are included in each category can be found here: <https://covid19.gov.gg/guidance/travel/countries>
Your category will be based on which countries or regions you have spent time in during a specified period before your arrival in the Bailiwick (although if you directly transit through a country or region, this would be considered as 'spending time' there). Before you exit the port area, you will be required to hand in a signed copy of a form acknowledging your legal (including self-isolation) obligations. You will be provided with a receipt which will confirm when your self-isolation period ends.

Category 1 Countries and Regions

Travellers who have only spent time in Category 1 countries or regions are not required to undergo any testing or self-isolation.

Category 2 Countries and Regions

Travellers who have spent time in Category 2 countries or regions will be tested on arrival. They are required to stay in self-isolation until they have received a negative result from their test on arrival. Once the negative test is confirmed, travellers will then be subject to 'passive follow-up' until day 14 following their arrival in the Bailiwick with a further test on Day 7. A definition of 'passive follow-up' can be found at <https://covid19.gov.gg/guidance/travel/general>

Children under 12 **are not** required to undertake a self-swab COVID-19 test on arrival.

A traveller who declines a test on arrival will have to self-isolate for 21 days.

Category 3 Countries and Regions

Travellers who have spent time in Category 3 countries or regions will be tested on arrival. They can choose to have a test on arrival and on or around Day 7 ('Day 7 test'), with self-isolation until they have received a

negative test result from the Day 7 test. They will then be subject to 'passive follow-up' until the 14th day after their arrival in Guernsey. A definition of 'passive follow-up' can be found at <https://covid19.gov.gg/guidance/travel/general>

Children under 12 **are not** required to undertake a self-swab COVID-19 test on arrival.

A traveller who declines a test on arrival will have to self-isolate for 21 days.

Category 4 Countries and Regions

Travellers who have spent time in Category 4 countries or regions will be requested to take a test on arrival - this is to assist with contact tracing if it is required at a future date.

Children under 12 **are not** required to undertake a self-swab COVID-19 test on arrival but will be invited to have an optional test.

Travellers will be required to self-isolate until they have received a negative result from a test on arrival and a Day 13 test. A traveller who declines a test on arrival will have to self-isolate for 21 days.

Household Bubbles for Category 4

If a traveller decides to self-isolate as a household (a 'household bubble') with anyone else who did not travel with them, each member of the household bubble is required to have a Day 13 test. If anyone in the household bubble does not agree to have a Day 13 test, that person must leave the household before the travellers arrives or the traveller must find an alternative place to self-isolate. If anyone in the household bubble agrees to have a Day 13 test, but subsequently refuses to have one, the whole household should continue to self-isolate until the end of the 21-day period. This applies even if some members of the household bubble have received a negative result from their Day 13 test.

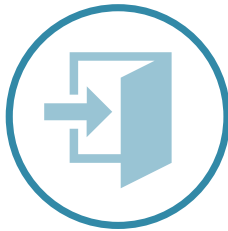
A traveller who self-isolates in a household bubble must also complete an online form which can be found at www.gov.gg/isolatetogether to ensure all members of the household bubble are registered for and offered a Day 13 test.

Children under 12 who have spent time in a Category 4 country or region

will have to take a Day 13 test if they intend to return to a school, pre-school, childcare or nursery setting.

Where children have self-isolated as part of a household bubble, they can only return to a school, pre-school or nursery setting once ALL members of that household bubble have received a negative test result from a Day 13 test.

All Day 7 and 13 tests will be automatically scheduled for passengers via their Travel Tracker account. Those individuals who need to be tested as a household will receive a call from the Scheduling Team to arrange a test either at the Princess Elizabeth Hospital or the Mignot Memorial Hospital in Alderney. You do not need to call the team to arrange this for yourself.



Once you have arrived in the Bailiwick

Please keep your face covering on at all times until you reach your final destination in the Bailiwick. You only need to remove it when asked to take a supervised 'self-swab' test.

On arrival in the Bailiwick, unless you have only spent time in a Category 1 country or region, you will be offered a supervised 'self-swab' test undertaken at purpose-built testing facilities at the airport or harbour terminals. Films showing the procedure and the testing centres can be viewed on the travel section of gov.gg/coronavirus.

Video screens in the testing facilities will show you how the swabs should be taken. There will also be written instructions in all testing booths. Support staff will be available to help anyone who is unclear on what they need to do.

If you are unable to self-sample, we can make a referral to the testing team for sampling. You will be given all of the information you need from staff at the port if this is required. The test carried out on arrival must be handed in at the testing facility, there and then.

While travellers cannot be compelled to take any tests, anyone who does not take a test on arrival will be required to self-isolate for 21 days.



Leaving the port area

Before you arrive in the Bailiwick, you must ensure that you have organised transport to your self-isolation destination.

You must keep your face covering on until you have reached your final destination in the Bailiwick.

Please wash or sanitize your hands frequently, especially after coughing, sneezing, going to the toilet, before eating or if in high traffic environments, such as airports and harbours.

Maintain good respiratory hygiene by covering your mouth and nose with a disposable tissue when coughing or sneezing and use the nearest waste receptacle to dispose of it after use, followed by hand washing or use alcohol gel.

If you need any assistance in obtaining essential supplies, please ask a relative or friend to help. If there is no one suitable who can provide any assistance, we have provided a list of companies that can arrange food and drink deliveries at <https://covid19.gov.gg/together/food-drink>.



Transport to self-isolation

It is recommended that you use your own vehicle wherever possible for onward travel to your destination to begin the mandatory self-isolation period.

Where this is not possible, a friend or family member may collect you provided you sit in the rear of the vehicle, you continue to wear a face covering, the windows are kept open and the vehicle is cleaned after use with detergent and water or suitable detergent/disinfectant wipes.



Hire Car

Hire cars may be used so long as they stay at your isolation address unused for at least 72 hours and have a full valet clean before re-hire.



Taxi

If there is no alternative, a taxi can be used. Only one passenger is permitted per journey, unless it is a returning family or group of travellers and they are going to self-isolate together. A list of taxi operators currently doing arrival pick-ups can be found at <https://covid19.gov.gg/support/protect>



Bus or Bicycle

Please note that bicycles and buses **cannot** be used as a means of transport to your self-isolation address.

You must go straight to your final destination. Do not stop to shop for groceries etc. on the way.

Passengers must continue to wear face coverings issued prior to boarding the aircraft until they reach their self-isolation address.

We understand that you may have friends or relatives who wish to greet you on your arrival. However, as you are in self-isolation, please ask them to do this from a distance, either waving to you from the airport viewing gallery or by the viewing platform or side of the harbour. There should be no physical contact, such as handshakes, hugs or kisses. No stops should be made until you reach your final destination, nor lifts given to others. This means that you cannot stop to go shopping or go to a restaurant.



Your self-isolation address

Once you have registered your journey on the Travel Tracker there may be certain circumstances where you will need to amend your self-isolation address. This may be because:

- You are travelling onto Alderney, Herm or Sark but need to spend one night in Guernsey;
- You have a change of travel plans due to weather leading to a delay in arrival;
- You have a change in travel history requiring longer self-isolation;
- The self-isolation address is no longer available.

To do this, you need to complete the online form available at <https://gov.gg/isolationaddress>.



Passive Follow-up

Passive follow-up means a person:

- must at all times be vigilant for symptoms, however mild, of COVID-19; must report any such symptoms immediately to Public Health; and must comply with any instructions given by Public Health thereafter (which may, for the avoidance of doubt, include an immediate resumption of self-isolation);

Coronavirus Symptoms

New and severe fatigue, new muscle ache for no obvious reason, headache, sinus pain, pain around eyes, loss of smell or taste, sore throat, fever, shortness of breath, chest tightness, and continuous cough, diarrhoea, or a rash on skin

- must not enter a nursing, care or residential home without the prior agreement of the manager of the home, received after having informed the manager of the home of their status as being subject to these restrictions and should not return to work there unless they have an agreed method statement with Public Health;
- must not, other than in an emergency, enter the Princess Elizabeth Hospital, and in an emergency must give prior notification of their status as being subject to these restrictions before entering the Princess Elizabeth Hospital if reasonably practicable in all the circumstances and should not return to work there unless they have an agreed method statement with Public Health;
- may enter the Princess Elizabeth Hospital to visit a patient who is seriously ill if the management of the Hospital agrees and if a method statement has been agreed with Public Health and the management of the Hospital;
- must inform any other healthcare provider (for example, a doctor or dentist) of their status as being subject to these restrictions when making any appointment for care;
- must, so far as reasonably practicable, keep a record of people met and places visited (to assist with contact tracing if necessary); and
- must comply with any additional conditions and restrictions imposed from time to time by the Medical Officer of Health.

The requirements for all children (whatever age) and staff attending an early years setting, nursery, school or college intend to an education setting can be found at <https://covid19.gov.gg/guidance/travel/general>



Self-Isolation requirements for those isolating by themselves, within households or in multiple occupancy households

Detailed guidance covering various self-isolation scenarios can be found on the following links:

Where you intend to self-isolate:

- with others who you did not travel with, but not in a household bubble: for guidance on what this requires, see 'Separating yourself from other people in your household': <https://covid19.gov.gg/support/protect>
- in a household bubble with others who you did not travel with: for guidance on what this requires, see 'Can I self-isolate with others in my household?' <https://covid19.gov.gg/support/protect>
- in a communal household with shared bathroom facilities or where food, drink essential goods cannot be provided safely: for guidance on what this requires, see 'Strict rules for those in isolation': <https://covid19.gov.gg/support/protect>

For the avoidance of doubt, 'communal household' means a building where there is more than one household group living in it.



What happens whilst I am in self-isolation?

Please ensure that friends or relatives do not come to visit you whilst you are in self-isolation. This includes visiting you in your garden, as well as your home.

Whilst you are in self-isolation, a friend or relative may need to do your shopping or provide your meals (especially if you are in shared accommodation). Alternatively, there are shops that are offering a delivery service. They should leave your shopping and or meals on the door step (and step away) for you to collect.

Full self-isolation guidance can be accessed at covid19.gov.gg/support/protect



What happens if I develop symptoms whilst in self-isolation?

Should you develop any of the following symptoms – however mild they may seem – please phone the coronavirus clinical helpline on 01481 756938 or 01481 756969 immediately.

Coronavirus Symptoms

New and severe fatigue, new muscle ache for no obvious reason, headache, sinus pain, pain around eyes, loss of smell or taste, sore throat, fever, shortness of breath, chest tightness, and continuous cough, diarrhoea, or a rash on skin

Please keep a record of everyone you have been in contact with to help speed up contact tracing, should this be required.

For further information, please refer to gov.gg/coronavirus or email publichealth@gov.gg

Clinical Questions

01481 756938 or
01481 756969
publichealth@gov.gg

Monday to Friday
08:00-16:00 (email inbox
monitored between 09:00-
17:00 Monday to Friday)

Non-clinical Questions

01481 717118
covid19enquiries@gov.gg

Monday to Friday 09:00-17:00

Day 7/13 Testing Queries

travel.tracker@gov.gg

