

### **Information if the positive case is a child under the age of 18 or a dependent adult**

If the person who is required to self-isolate is a child/young person or dependent adult who cannot isolate on their own, then we encourage them to separate themselves as much as possible from other members of the household – especially from those who are unvaccinated or vulnerable.

If possible, they should

- Try to sleep in a different room to others in the house.
- Not share bathrooms or kitchen space. If you don't have a separate bathroom make sure it is thoroughly cleaned after the child/dependent person has used it.
- Eat their meals separately from the rest of the household or with one designated carer.
- Stay in well-ventilated rooms with windows to the outside that can be opened.
- Wash their hands regularly for 20 seconds each time, using soap and water.
- Not share dishes, drinking glasses, cups, eating utensils, towels, bedding or other items with other people in the home.
- Parents/carers should regularly clean with detergent and water or suitable detergent/ disinfectant wipes all touch points and surfaces in the home, for example door handles, light switches, tables and counters, remote controls, kettle and fridge handles, all bathroom areas. Use a bleach-based product where possible.

We encourage contacts of a case who are fully vaccinated or are 18 years or below to separate within the household where at all possible if there is a case in the household. Residents of the household can go about their business as normal, provided they are not subject to any restrictions of their own and as long as they are participating in Public Health testing programmes. The testing requirements will be advised by Public Health.

For the latest Education Guidance please go here <https://covid19.gov.gg/guidance/education>